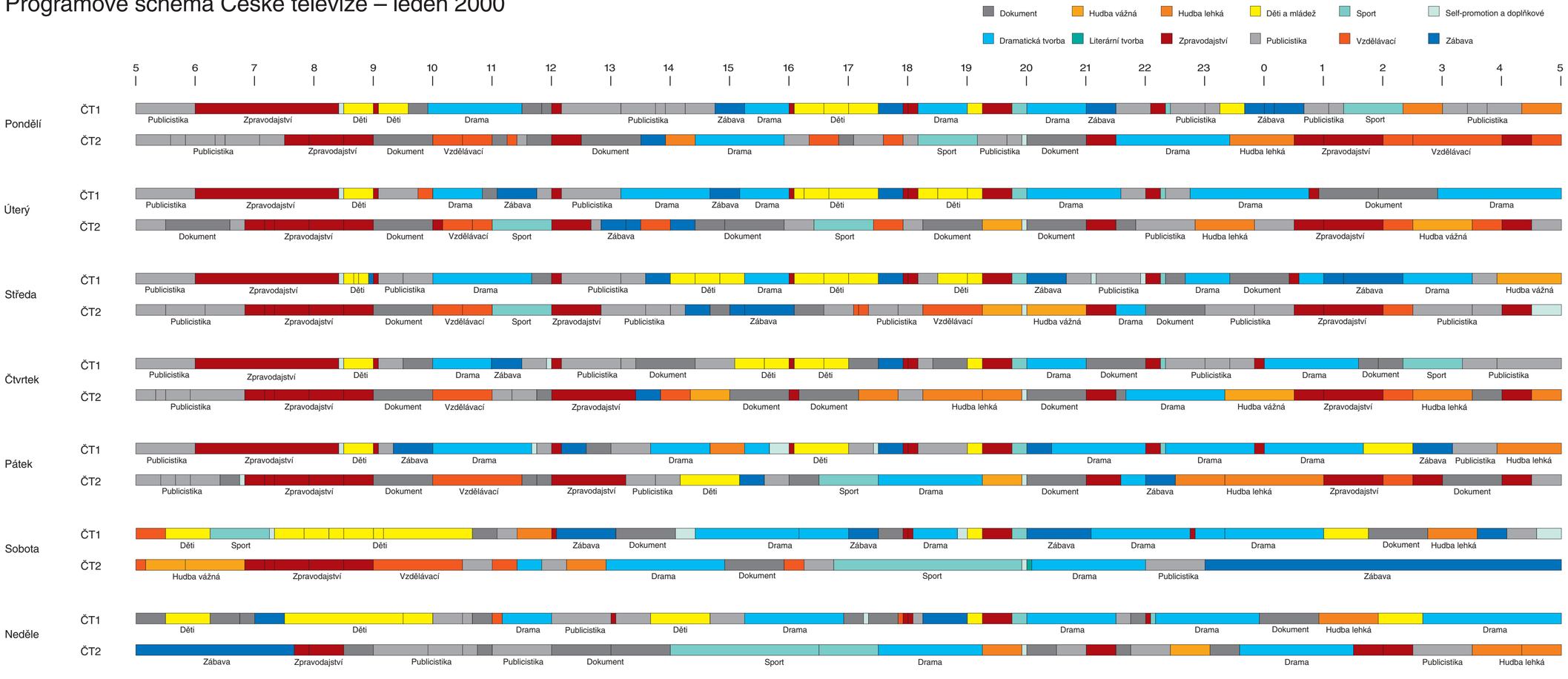Programové schéma České televize – leden 2000